

## TRAINING CATALOGUE

All training sessions are scaled and customized to your organizational needs, values and budget.



Brad Kerschensteiner, LMFT has an Executive Coaching & Training firm based in Miami. Since 2007, he has worked with clients across industries to improve leadership, build high performing teams and create magnetic cultures. He proudly serves as the primary Executive Coach for ALSAC St Jude's Executive Leadership Team, Daikin South Florida, and CANO Health

# GET STARTED TODAY

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## <u>Leader</u>ship

- High Potential Leadership Skills
- ✓ 12 Essential Leadership Skills
- ✓ Core Management Skills
- ✓ The 3 Leadership Instincts
- ✓ The Focus Factor: 5 Styles of Leadership
  Attention
- ✓ High Trust Leadership Behaviors
- ✓ Building Confidence
- ✓ Time Management
- ✓ Executive Presence
- ✓ Communication
  - ✓ Active Listening
  - ✓ Giving Feedback
  - ✓ Managing Tension & Conflict
  - ✓ Speaking with Clarity & Confidence
  - ✓ Engagement & Persuasion
- ✓ Leading through Change
- ✓ Building Self Awareness
- ✓ The Keys to Sustainable Change

#### **Teams**

- ✓ Personalities in the Workplace
- ✓ Leading High Performance Teams
- ✓ Building Psychological Safety
- ✓ Building and Repairing Trust
- ✓ Tools for Collaboration
- ✓ Stress Management & Burnout Prevention
- ✓ Managing Performance
- ✓ Giving Feedback
- ✓ Holding Others Accountable

#### Strategy

- ✓ Strategic Planning Frameworks
- ✓ Succession Management
- ✓ Creating Healthy Work Cultures
- ✓ Personality Tools & Assessments